

## ***Glen Elm Youth Group***

<p><b><i>Intentionally smile at every stranger you meet during an outing.</i></b></p>	<p><b><i>Give an unexpected compliment to someone you know well.</i></b></p>	<p><b><i>Be exceptionally helpful around your house (even towards a brother or sister!) for one whole day.</i></b></p>
<p><b><i>Make a handmade gift to give to someone important to you.</i></b></p>	<p><b><i>Sincerely ask, "How are you doing?" to a close friend or family member, then listen carefully as they answer.</i></b></p>	<p><b><i>Strike up a conversation with someone who you've never spoken with.</i></b></p>
<p><b><i>Think about someone with whom you disagree sharply (you may know them personally, or not). Now, discover one good thing about them every day for a week. Recite your growing list of good qualities each day.</i></b></p>	<p><b><i>Apologize for something you have failed to apologize for in the past.</i></b></p>	<p><b><i>Pray for an enemy once a day for one week.</i></b></p>

***Bonus: Do an anonymous good deed for someone you do not know.***

***Kindness BINGO!!!***